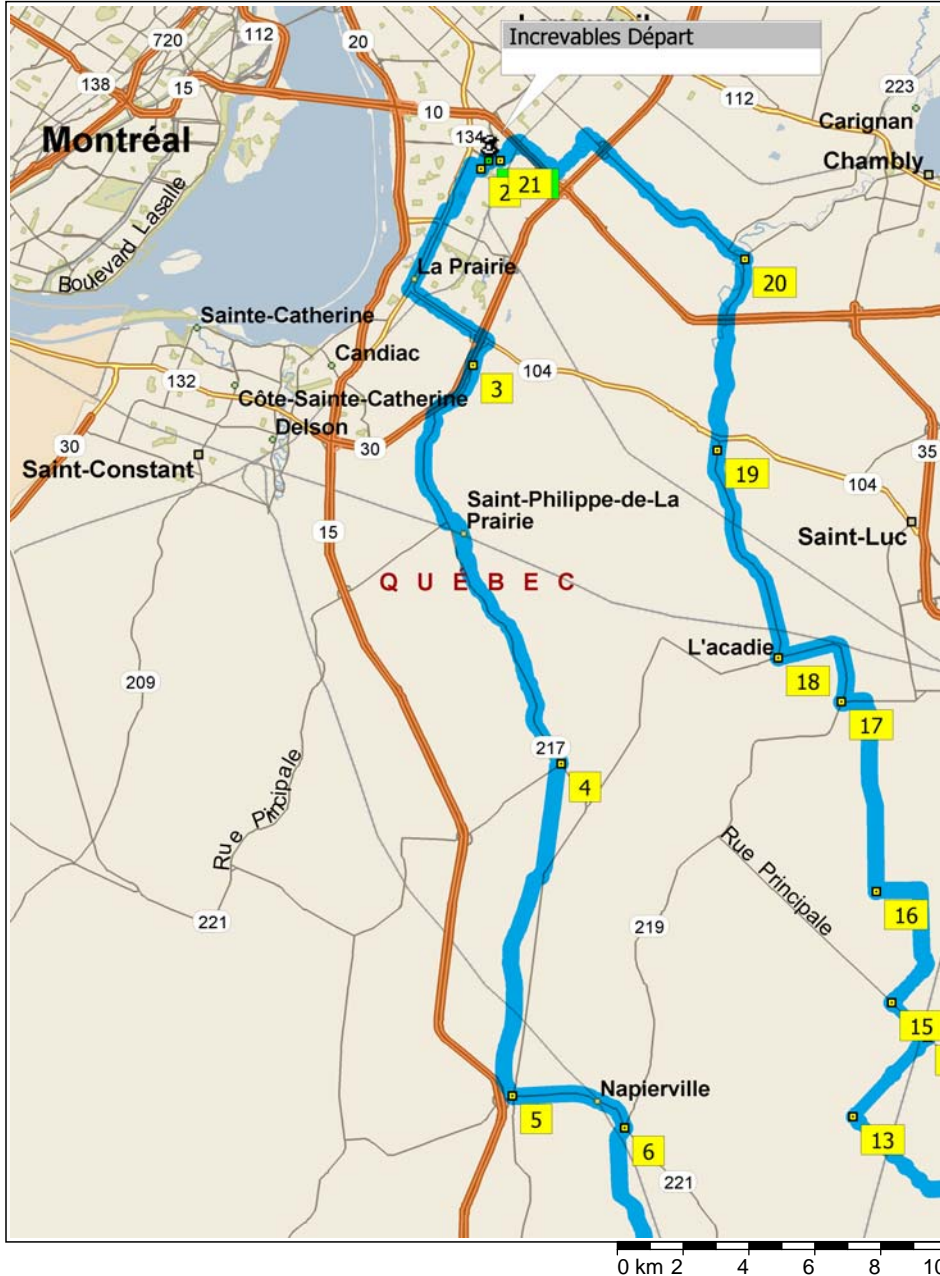


Ile-aux-noix-110

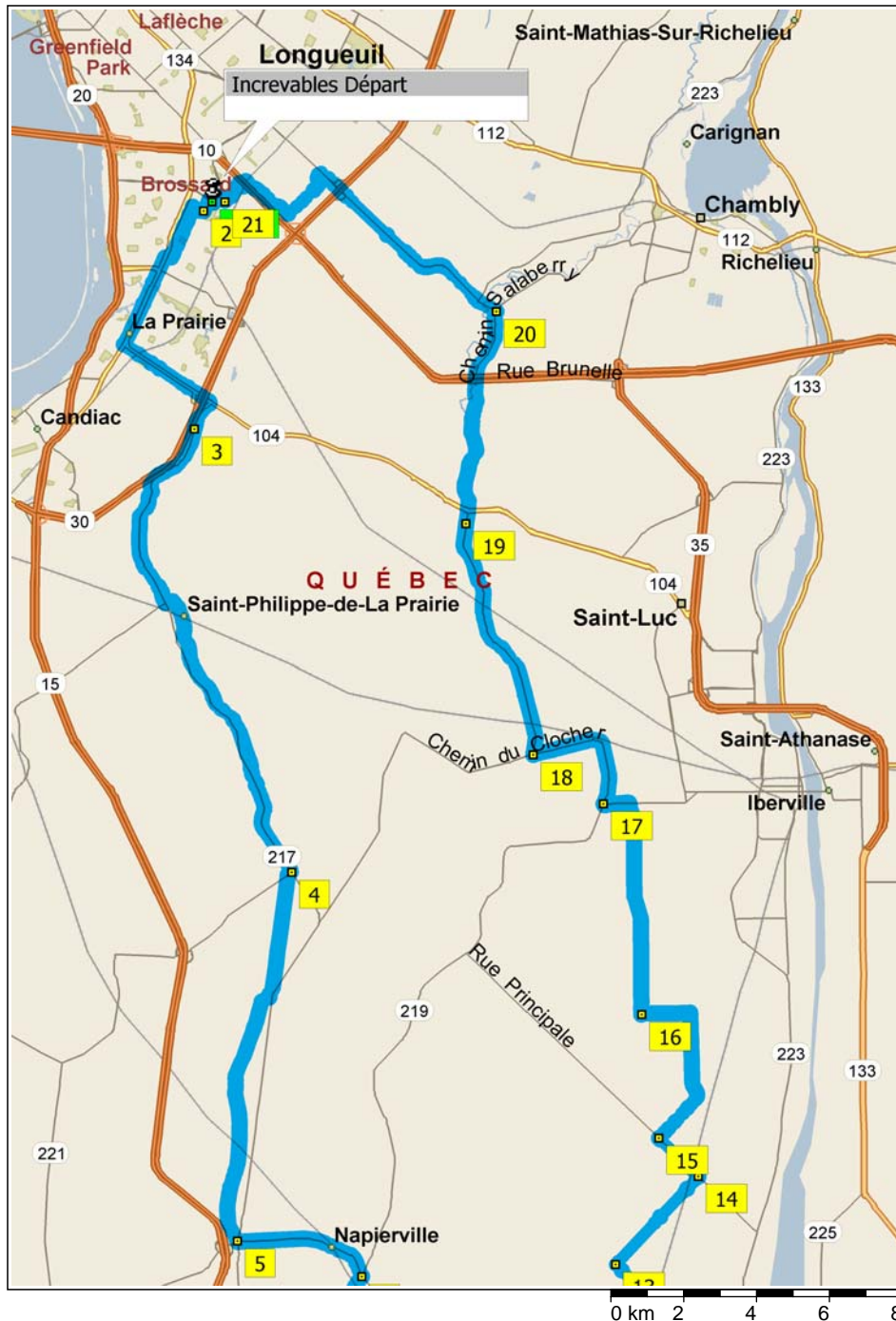
109.6 kilometers; 5 hours, 54 minutes



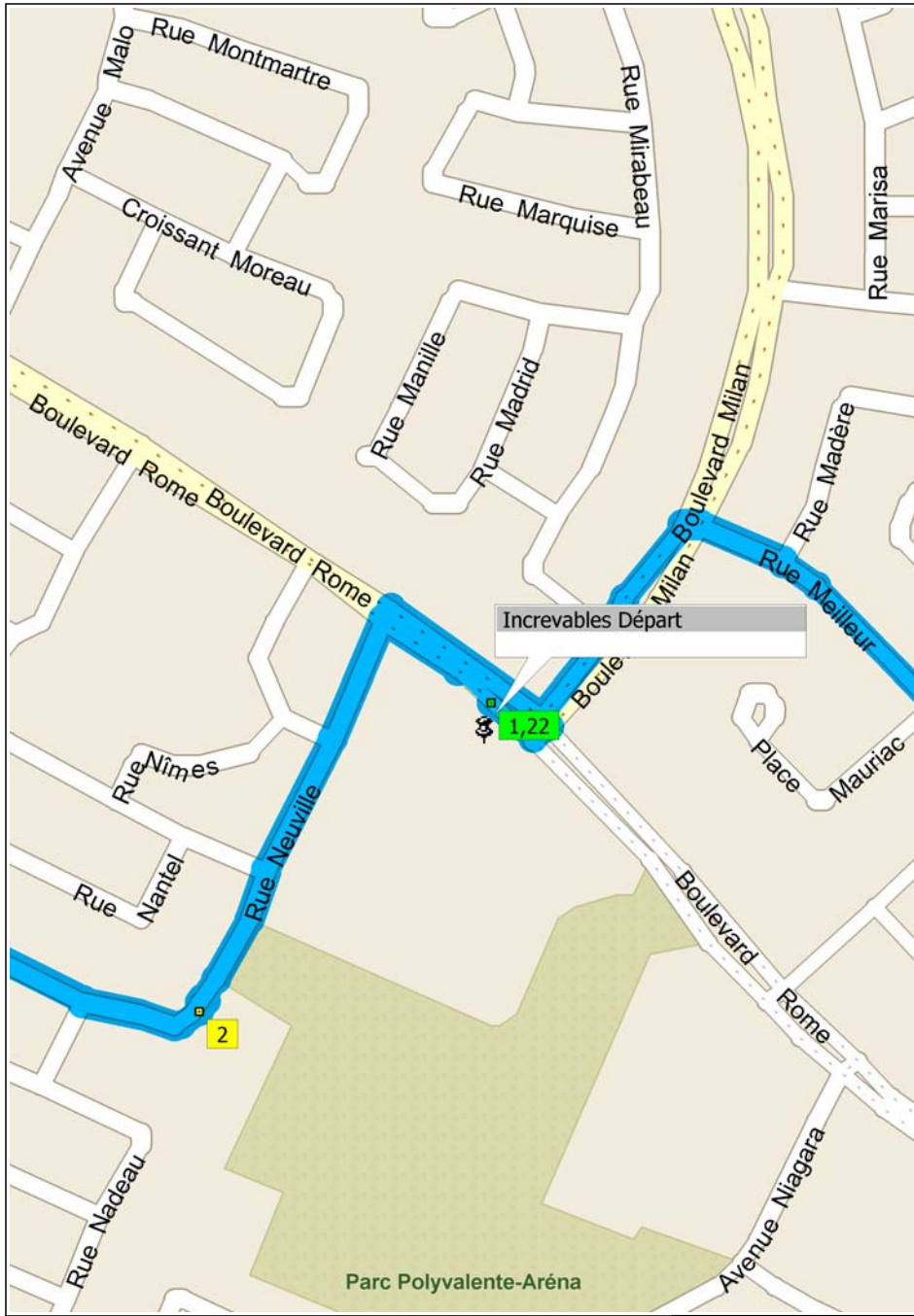
09:00	0.0 km	1 Depart near La Prairie on Boulevard Rome (East) for 50 m
09:00	0.1 km	Turn LEFT (East) onto Boulevard Milan, then immediately turn LEFT (North-West) onto Boulevard Rome for 0.2 km
09:03	0.2 km	Turn LEFT (South-West) onto Rue Neuville for 0.3 km
09:04	0.6 km	2 At near La Prairie, stay on Rue Neuville (West) for 0.3 km
09:06	0.9 km	Turn LEFT (South) onto Avenue Naples for 0.6 km
09:08	1.5 km	Road name changes to Local road(s) for 10 m
09:08	1.5 km	Road name changes to Avenue Océanie for 0.9 km
09:12	2.4 km	Turn RIGHT (West) onto Chemin des Prairies for 0.2 km
09:13	2.6 km	Turn LEFT (South) onto Rte-134 [Boulevard Taschereau] for 2.6 km
09:26	5.3 km	Turn LEFT (South-East) onto Chemin de St-Jean for 20 m
09:26	5.3 km	Road name changes to Rte-104 [Chemin de St-Jean] for 2.8 km
09:44	8.1 km	Keep RIGHT onto Local road(s) for 80 m
09:44	8.1 km	Bear RIGHT (South-West) onto Rte-217 [Route Édouard VII] for 0.8 km
09:47	8.9 km	3 At near La Prairie, stay on Rte-217 [Route Édouard VII] (South) for 5.6 km
10:07	14.6 km	Turn LEFT (East) onto Montée Monette for 0.2 km
10:08	14.8 km	Bear RIGHT (East) onto Rang St-Marc for 5.7 km
10:18	20.5 km	Turn LEFT (South) onto Rte-217 [Boulevard Édouard VII] for 2.7 km
10:24	23.2 km	4 At HWY-217, Saint-Jacques-le-Mineur QC, turn RIGHT (South-West) onto Montée St-Jacques, then immediately turn LEFT (South) onto Rang St-Philippe S for 3.5 km
10:31	26.8 km	Turn RIGHT (West) onto Montée Langevin for 0.2 km
10:32	27.0 km	Keep LEFT onto Rang du Coteau for 6.8 km



10:43	33.9 km	5 At HWY-217, Saint-Cyprien-de-Napierville QC, bear RIGHT (South) onto Rte-217 [Boulevard Édouard VII], then immediately turn LEFT (East) onto Rte-219 [Rte-221] for 3.9 km
10:57	37.8 km	6 At 307 Rue de L Église, Napierville QC, turn RIGHT (South-West) onto Rue de l' Église [Rang Double] for 1.1 km
11:00	38.8 km	Road name changes to Rang Double for 6.4 km
11:11	45.2 km	7 At near Lacolle, turn LEFT (East) onto Ligne Grande du Rang-Double for 1.8 km
11:14	47.0 km	Road name changes to Rang du Grande-Ligne-Double for 1.1 km
11:16	48.1 km	8 At HWY-221, Notre-Dame-du-Mont-Carmel QC, turn LEFT (North) onto Rte-221 [Rte-221 S] for 1.2 km
11:19	49.3 km	9 At HWY-221, Saint-Cyprien-de-Napierville QC, turn RIGHT (East) onto Chemin de la 4E Ligne for 2.6 km
11:25	51.9 km	Road name changes to Chemin de la Quatrième-Ligne for 3.3 km
11:36	55.2 km	Road name changes to Chemin de la 4E Ligne [63E Avenue] for 0.8 km
11:39	56.0 km	Turn LEFT (North-East) onto Rte-223 [Rue Principale] for 40 m
11:40	56.0 km	10 Arrive HWY-223, Saint-Paul-de-l'Île-Aux-Noix QC
12:25	56.0 km	Depart HWY-223, Saint-Paul-de-l'Île-Aux-Noix QC on Rte-223 [Rue Principale] (North-East) for 1.8 km
12:33	57.8 km	11 At HWY-223, Saint-Paul-de-l'Île-Aux-Noix QC, stay on Rte-223 [Rue Principale] (North) for 3.0 km
12:40	60.8 km	12 At Avenue 94E, Saint-Blaise-Sur-Richelieu QC, turn LEFT (West) onto 94E Avenue [Chemin de la Deuxième-Ligne] for 1.6 km
12:43	62.4 km	Road name changes to Chemin de la Deuxième-Ligne for 2.8 km
12:48	65.1 km	13 At Montée De L Eglise, Saint-Blaise-Sur-Richelieu QC, turn RIGHT (North-East) onto Montée de l' Église for 3.3 km
12:54	68.5 km	14 At Montée De L Eglise, Saint-Blaise-Sur-Richelieu QC, turn LEFT (North-West) onto Rue Principale for 1.5 km



12:59	70.0 km	15	At Rue Grand-Bernier, Saint-Blaise-Sur-Richelieu QC, turn RIGHT (North-East) onto Chemin Grand-Bernier for 3.9 km
13:05	73.8 km		Turn LEFT (West) onto Montée Petit-Bernier for 0.5 km
13:07	74.3 km		Road name changes to Montée de l' Érablière for 0.9 km
13:08	75.2 km		Turn LEFT (South) onto Chemin du Petit-Bernier for 40 m
13:09	75.2 km	16	At Club de Golf Vallée des Forts [1145 Chemin du Petit-Bernier, St-Jean-sur-Richelieu QC J2X, (450) 346-6767], return North on Chemin du Petit-Bernier for 5.9 km
13:18	81.1 km		Turn LEFT (West) onto Rte-219 [Chemin des Ormes] for 0.7 km
13:20	81.8 km		Keep RIGHT onto Local road(s) for 90 m
13:21	81.8 km	17	At near L'acadie, bear RIGHT (North) onto Chemin du Clocher for 3.7 km
13:34	85.5 km	18	At near L'acadie, turn RIGHT (North) onto Chemin du Grand-Pré for 6.9 km
13:51	92.4 km	19	At near St-Luc, stay on Chemin du Grand-Pré (North) for 0.4 km
13:51	92.8 km		Road name changes to Local road(s) for 20 m
13:52	92.8 km		Road name changes to Avenue des Pins for 3.6 km
14:00	96.3 km		Road name changes to Chemin Salaberry for 2.1 km
14:11	98.5 km	20	At near Chambly, turn LEFT (West) onto Chemin Grande-Allée for 2.6 km
14:20	101.1 km		Road name changes to Boulevard Grande-Allée for 3.8 km
14:33	104.8 km		Turn LEFT (South-West) onto Boulevard Lepage for 1.5 km
14:38	106.4 km		Turn RIGHT (North-West) onto Boulevard Lapinière for 1.5 km
14:44	107.9 km		Turn LEFT (South) onto Avenue Malo for 0.3 km
14:45	108.2 km		Turn LEFT (South-West) onto Rue Mauriac for 0.7 km
14:48	108.8 km	21	At near La Prairie, turn RIGHT (North-West) onto Rue Meilleur for 0.3 km
14:49	109.1 km		Turn LEFT (South) onto Boulevard Milan for 0.2 km



- 14:50 109.3 km Turn RIGHT (North-West) onto Boulevard Rome, then immediately turn LEFT (South-West) onto Rue Neuville for 0.2 km
- 14:53 109.5 km Turn LEFT (South-East) onto Boulevard Rome for 0.1 km
- 14:54 109.6 km 22 Arrive near La Prairie