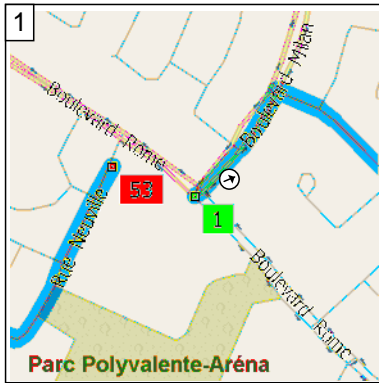
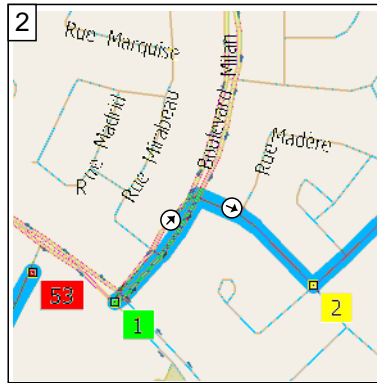


200_km_version_2009

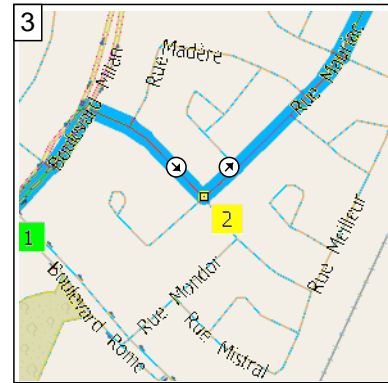
194.3 kilometers; 3 hours, 46 minutes



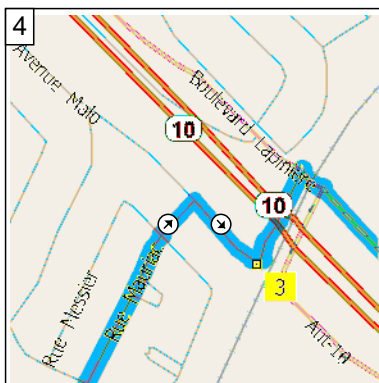
09:00 0.0 km
Depart Blvd Rome, Brossard QC on Boulevard Milan (East) for 0.2 km



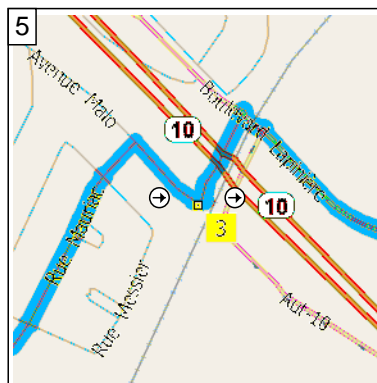
09:00 0.2 km
Turn RIGHT (East) onto Rue Meilleur for 0.2 km



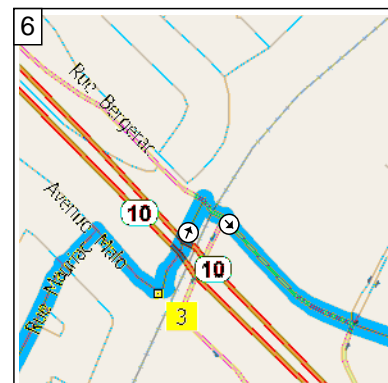
09:01 0.5 km
At 7598 Rue Mauriac, Brossard QC, turn LEFT (North-East) onto Rue Mauriac for 0.7 km



09:02 1.1 km
Turn RIGHT (South-East) onto Avenue Malo for 0.1 km



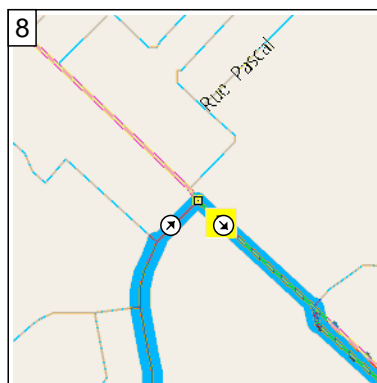
09:02 1.3 km
At 4034 Avenue Malo, Brossard QC, stay on Avenue Malo (East) for 0.1 km



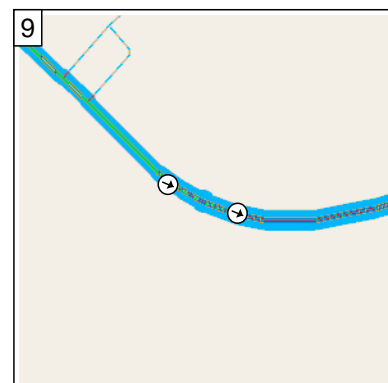
09:03 1.4 km
Turn RIGHT (South-East) onto Boulevard Lapinière for 1.5 km



09:05 2.9 km
At Blvd Lepage, Brossard QC, turn LEFT (North-East) onto Boulevard Lepage for 1.5 km



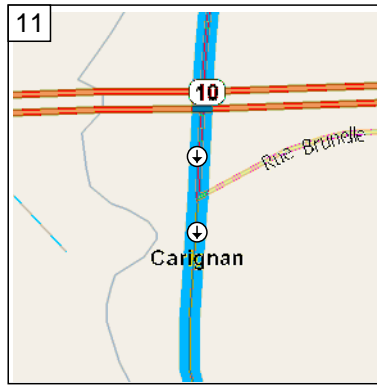
09:08 4.5 km
At 7047 Blvd Grande-Allée, Brossard QC, turn RIGHT (South-East) onto Boulevard Grande-Allée for 3.8 km



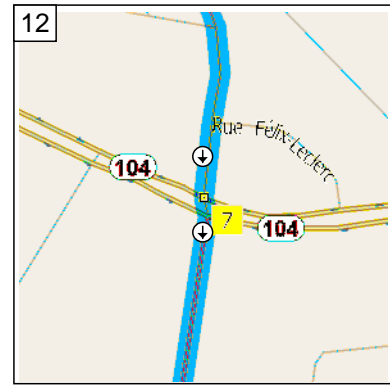
09:12 8.2 km
Road name changes to Chemin Grande-Allée for 2.6 km



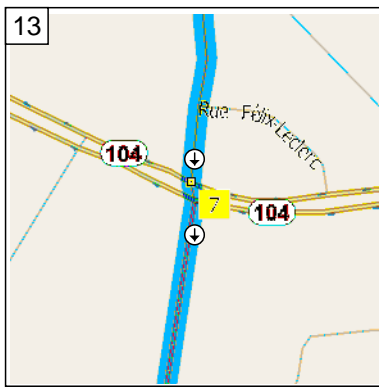
10
09:15 10.8 km
At 6006 Chemin Salaberry, Carignan QC, turn RIGHT (South) onto Chemin Salaberry for 2.1 km



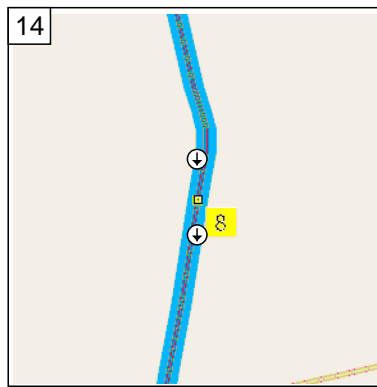
11
09:18 12.9 km
Road name changes to Avenue des Pins for 3.6 km



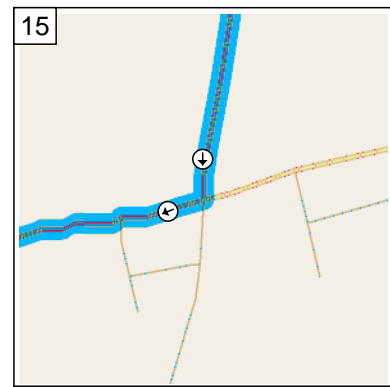
12
09:22 16.5 km
At Rte-104, St-Jean-sur-Richelieu QC, road name changes to Local road(s) for 20 m



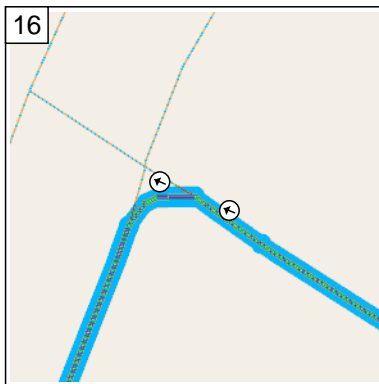
13
09:23 16.6 km
Road name changes to Chemin du Grand-Pré for 6.9 km



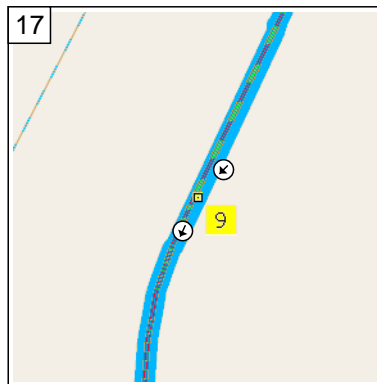
14
09:28 23.4 km
At near L'acadie, stay on Chemin du Grand-Pré (South) for 0.4 km



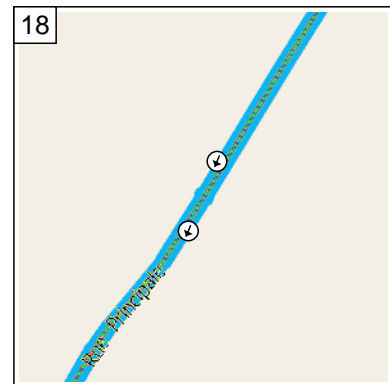
15
09:29 23.8 km
Turn RIGHT (West) onto Chemin du Clocher for 3.9 km



16
09:33 27.7 km
Keep STRAIGHT onto Chemin du Ruisseau for 1.2 km



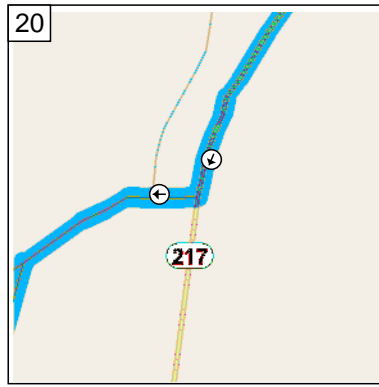
17
09:34 28.9 km
At near L'acadie, stay on Chemin du Ruisseau (South) for 3.4 km



18
09:37 32.3 km
Road name changes to Rue Principale for 1.2 km



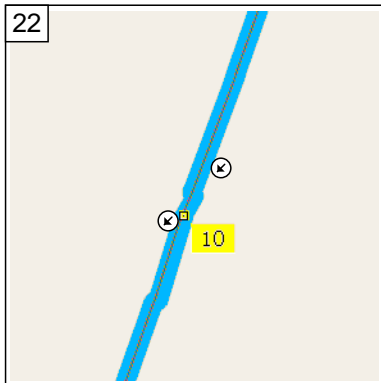
09:39 33.5 km
 Bear LEFT (South) onto
 Rte-217 [Boulevard Édouard
 VII] for 2.5 km



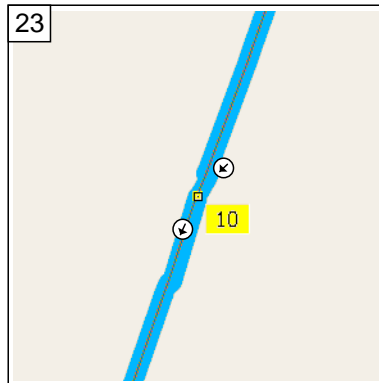
09:41 36.0 km
 Turn RIGHT (West) onto
 Montée Langevin for 0.3 km



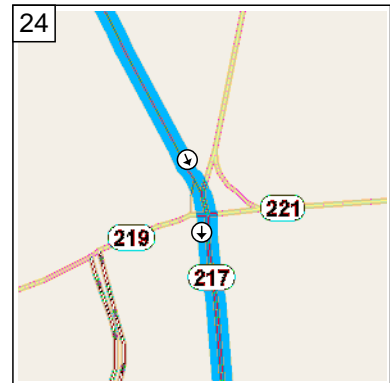
09:42 36.3 km
 Keep LEFT onto Rang du
 Coteau for 1.2 km



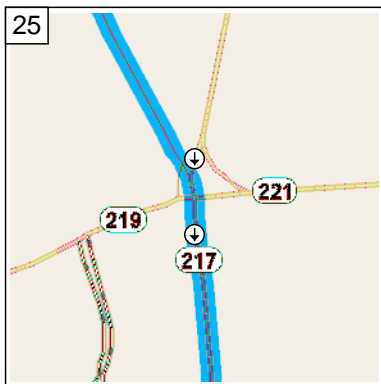
09:44 37.5 km
 Keep LEFT to stay on Rang du
 Coteau for 40 m



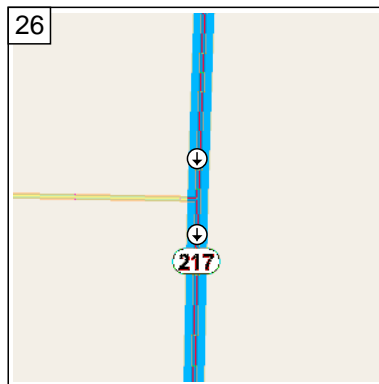
09:44 37.6 km
 At near St-Jacques-le-Mineur,
 stay on Rang du Coteau (South)
 for 5.6 km



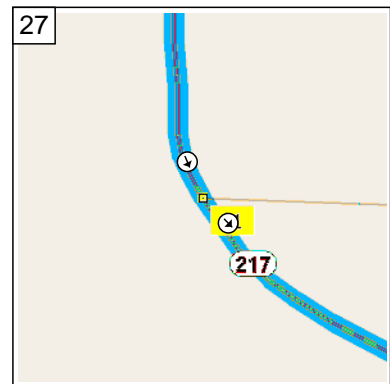
09:48 43.1 km
 Bear RIGHT (South) onto
 Rte-217 [Boulevard Édouard
 VII] for 30 m



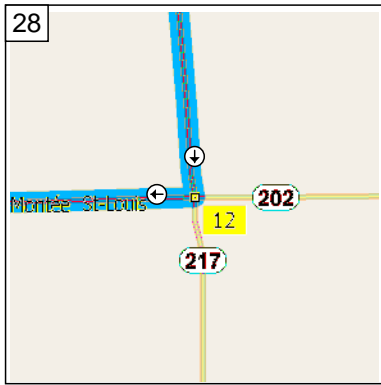
09:48 43.2 km
 Keep STRAIGHT onto Rte-217
 [Rang St-André] for 10.0 km



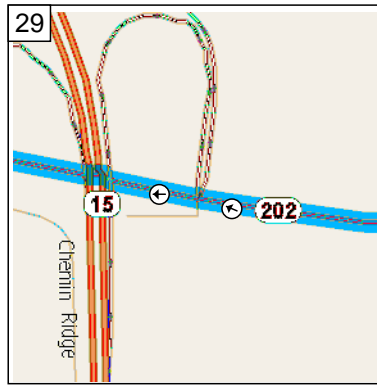
09:56 53.2 km
 Keep STRAIGHT onto Rte-217
 [Rang St-André N] for 1.6 km



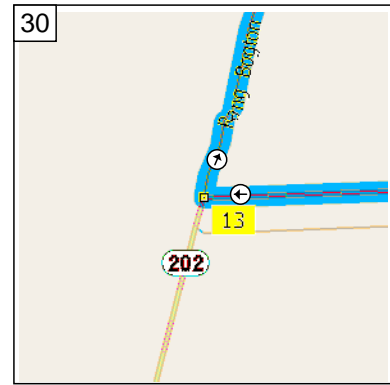
09:57 54.8 km
 At Rte-217,
 St-Bernard-de-Lacolle QC, stay
 on Rte-217 [Rang St-André N]
 (South-East) for 3.2 km



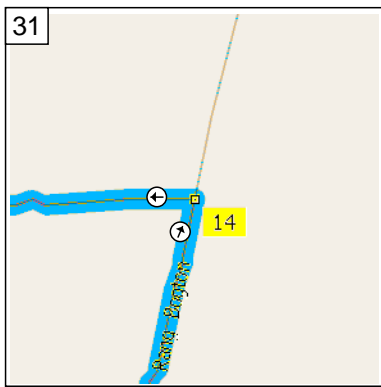
10:00 58.0 km
 At Montée St-Louis,
 St-Bernard-de-Lacolle QC, turn
 RIGHT (West) onto Rte-202
 [Montée St-Louis] for 1.5 km



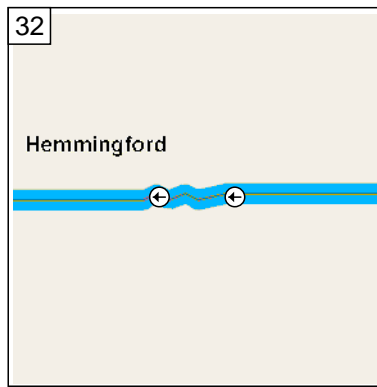
10:01 59.4 km
 Bear LEFT (West) onto Rte-202
 for 4.4 km



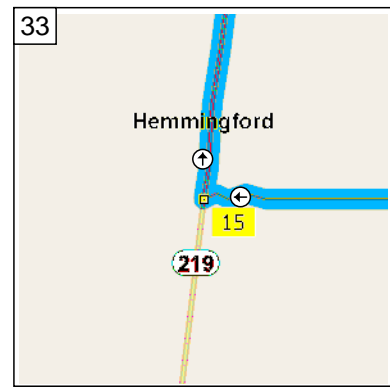
10:04 63.9 km
 At 198 Rang Bogton,
 St-Bernard-de-Lacolle QC, turn
 RIGHT (North) onto Rang
 Bogton for 0.4 km



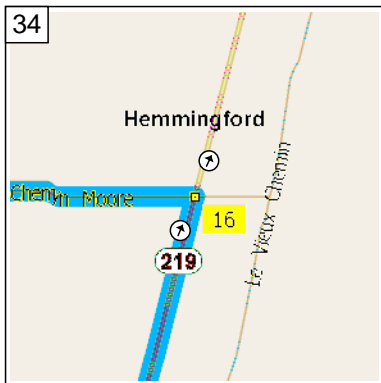
10:04 64.3 km
 At 163 Rang Bogton,
 St-Bernard-de-Lacolle QC, turn
 LEFT (West) onto Montée
 Kenny for 0.7 km



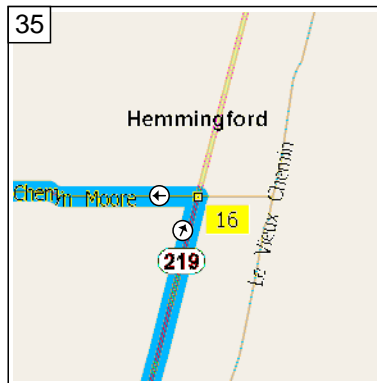
10:05 65.0 km
 Road name changes to Chemin
 Williams for 5.3 km



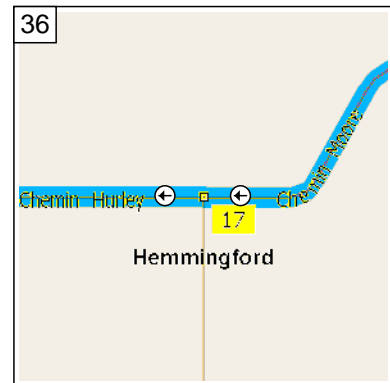
10:09 70.3 km
 At 736 Rte-219, Hemmingford
 QC, turn RIGHT (North) onto
 Rte-219 for 1.2 km



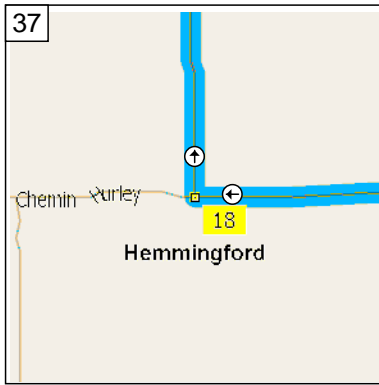
10:10 71.4 km
 At near Hemmingford, stay on
 Rte-219 (North) for 10 m



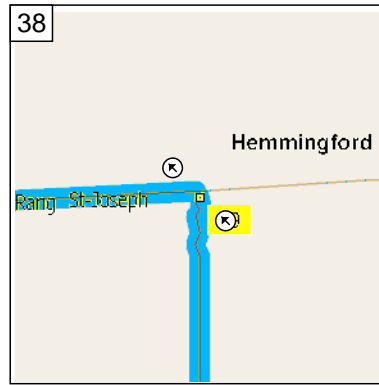
10:10 71.4 km
 Turn LEFT (West) onto Chemin
 Moore for 4.2 km



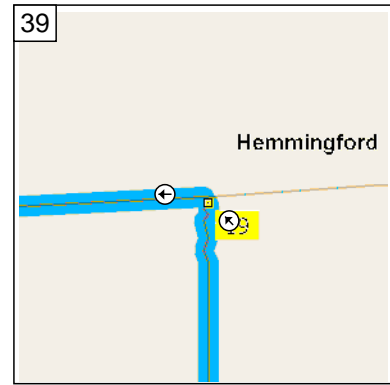
10:14 75.6 km
 At Chemin Hurley,
 Hemmingford QC, road name
 changes to Chemin Hurley for
 4.7 km



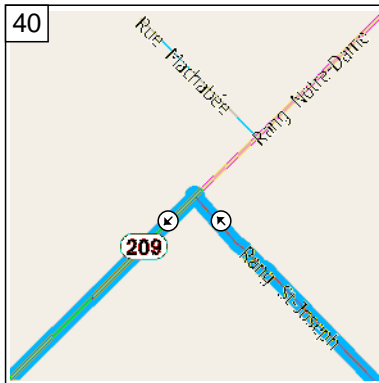
10:17 80.3 km
At near Saint-Chrysostome, turn
RIGHT (North) onto Montée
Poupart for 1.4 km



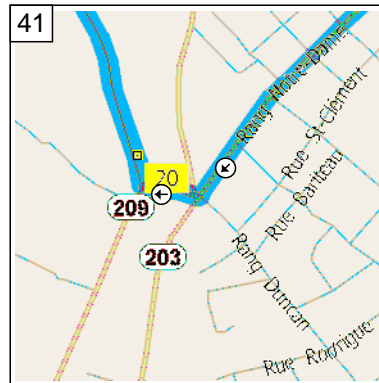
10:18 81.7 km
At near Saint-Chrysostome,
stay on Montée Poupart
(North-West) for 10 m



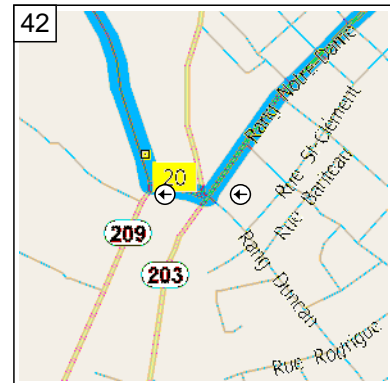
10:18 81.7 km
Bear LEFT (West) onto Rang
St-Joseph for 6.5 km



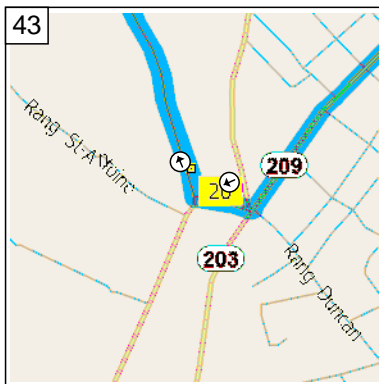
10:24 88.2 km
Turn LEFT (South-West) onto
Rte-209 [Rang Notre-Dame] for
1.4 km



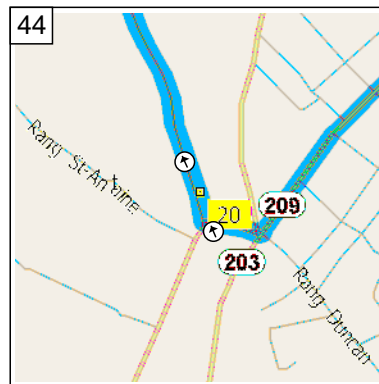
10:26 89.6 km
Bear RIGHT (West) onto
Rte-203 [Rte-209] for 10 m



10:27 89.6 km
Keep STRAIGHT onto Rte-209
[Rang Duncan] for 90 m



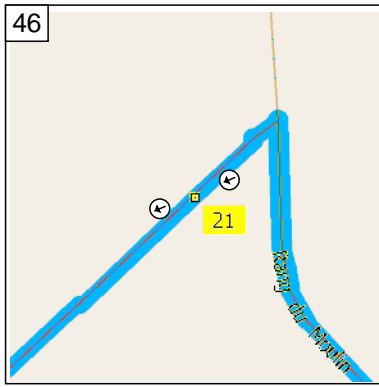
10:27 89.7 km
Turn RIGHT (North) onto Rang
du Moulin for 50 m



10:28 89.8 km
At 2 Rang du Moulin,
St-Chrysostome QC, stay on
Rang du Moulin (North) for 5.2
km



10:32 94.9 km
Turn LEFT (West) onto Rang
St-Jean-Baptiste for 0.2 km



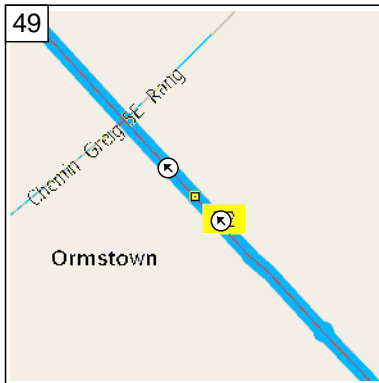
10:33 95.1 km
 At near Aubrey, stay on Rang St-Jean-Baptiste (West) for 7.4 km



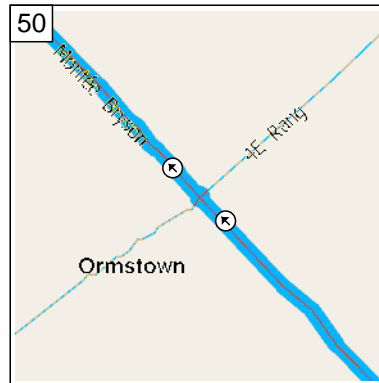
10:38 102.5 km
 Turn RIGHT (North-West) onto Montée du Rocher for 1.5 km



10:40 104.0 km
 Road name changes to Local road(s) for 0.3 km



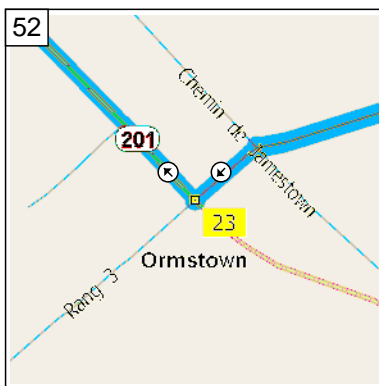
10:41 104.3 km
 At near St-Antoine-Abbé, stay on Local road(s) (North-West) for 2.4 km



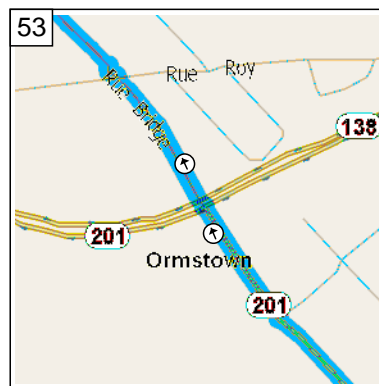
10:42 106.7 km
 Road name changes to Montée Bryson for 2.4 km



10:45 109.1 km
 Turn LEFT (South-West) onto Rang de Tullochgorum for 5.5 km



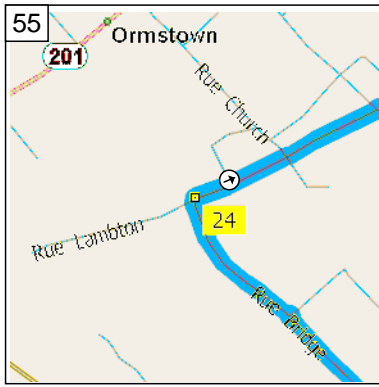
10:49 114.5 km
 At 1707 Rte-201, Ormstown QC, turn RIGHT (North-West) onto Rte-201 for 1.5 km



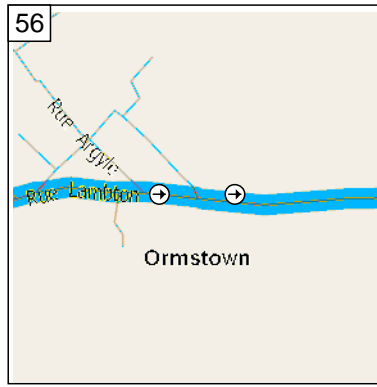
10:51 116.0 km
 Road name changes to Rue Bridge for 0.7 km



10:52 116.7 km
 Arrive 18 Rue Lambton, Ormstown QC



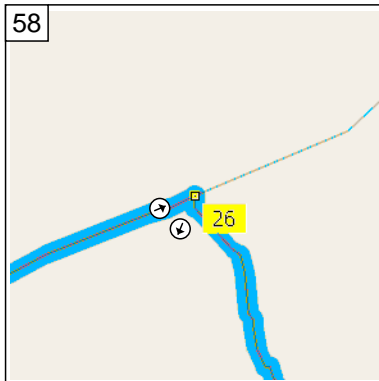
11:22 116.7 km
 Depart 18 Rue Lambton,
 Ormstown QC on Rue Lambton
 (East) for 0.7 km



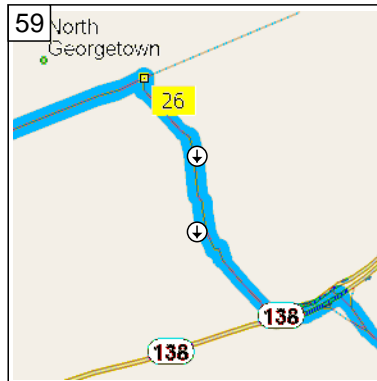
11:23 117.4 km
 Road name changes to Chemin
 de la Rivière-Châteauguy
 for 5.4 km



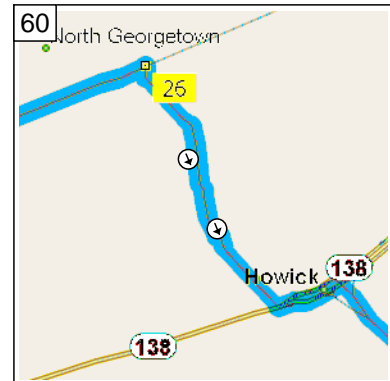
11:28 122.8 km
 At 3049 Chemin de la
 Rivière-Châteauguy,
 Très-St-Sacrement QC,
 stay on
 Chemin de la
 Rivière-Châteauguy (East)
 for 7.9 km



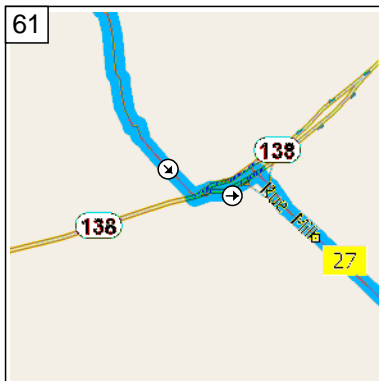
11:34 130.7 km
 At Montée Turcot,
 Très-St-Sacrement QC,
 turn
 RIGHT (South) onto
 Montée
 Turcot for 0.2 km



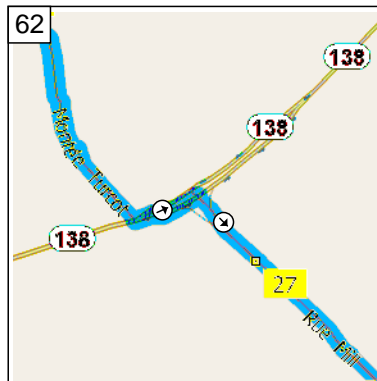
11:34 130.9 km
 Road name changes to Local
 road(s) for 20 m



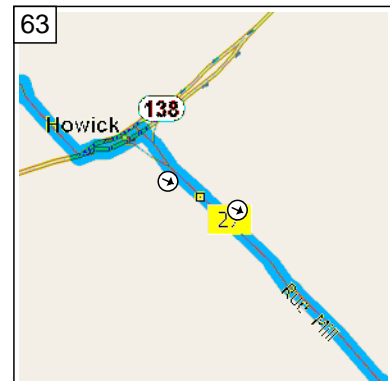
11:35 130.9 km
 Road name changes to
 Montée
 Turcot for 0.2 km



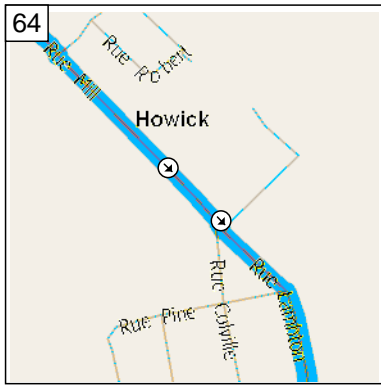
11:35 131.1 km
 Bear LEFT (East) onto
 Rte-138
 for 0.1 km



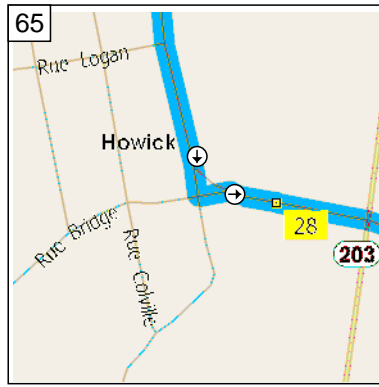
11:36 131.2 km
 Turn RIGHT (South-East)
 onto
 Rue Mill for 0.1 km



11:37 131.4 km
 At 87 Rue Mill,
 Howick QC,
 stay on
 Rue Mill (East) for 1.1 km



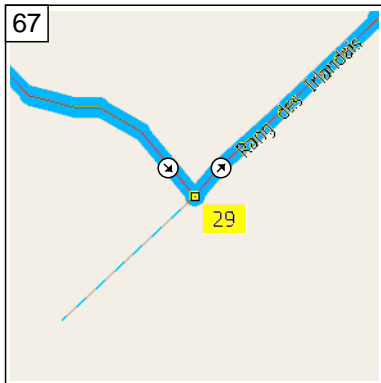
11:38 132.5 km
Road name changes to Rue Lambton for 0.7 km



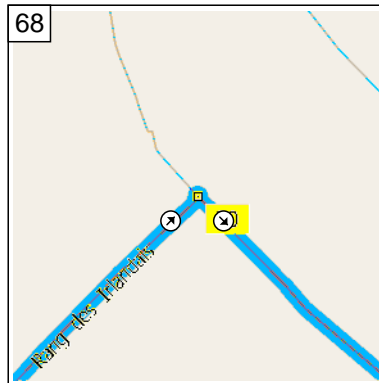
11:40 133.1 km
Turn LEFT (East) onto Rue Bridge for 0.1 km



11:40 133.3 km
At Rue Bridge, Howick QC, bear LEFT (East) onto Montée du Irish Concession for 1.8 km



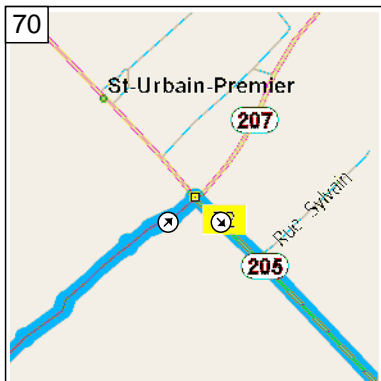
11:42 135.0 km
At 788 Rang des Irlandais, Très-St-Sacrement QC, turn LEFT (North-East) onto Rang des Irlandais for 5.4 km



11:46 140.4 km
At 252 Chemin de la Rivière-des-Fèves S, Ste-Martine QC, turn RIGHT (South-East) onto Chemin de la Rivière-des-Fèves S for 1.4 km



11:47 141.8 km
At Montée Rivière-des-Fèves, St-Urbain-Premier QC, turn LEFT (North-East) onto Montée Rivière-des-Fèves for 3.2 km



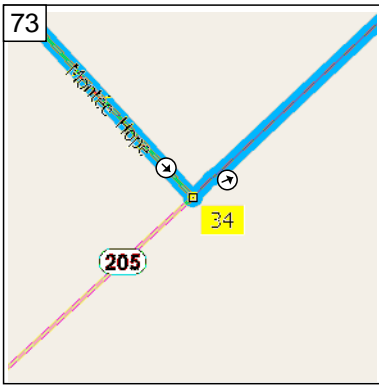
11:49 145.0 km
At 231 Rte-205, St-Urbain-Premier QC, turn RIGHT (South-East) onto Rte-205 [Rue Principale] for 2.5 km



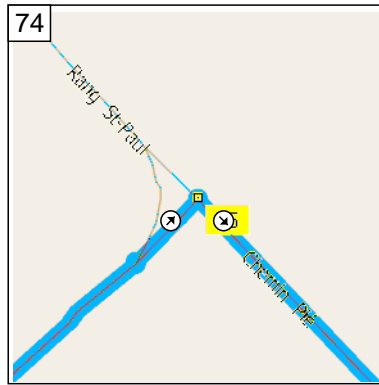
11:52 147.6 km
At 2 Montée Gervais, St-Urbain-Premier QC, stay on Rte-205 [Rang Double] (South-East) for 3.3 km



11:54 150.9 km
Keep STRAIGHT onto Rte-205 [Montée Hope] for 1.2 km



11:55 152.1 km
At 1774 Chemin de la Rivière, Ste-Clotilde-de-Châteauguay QC, turn LEFT (East) onto Chemin de la Rivière for 3.0 km



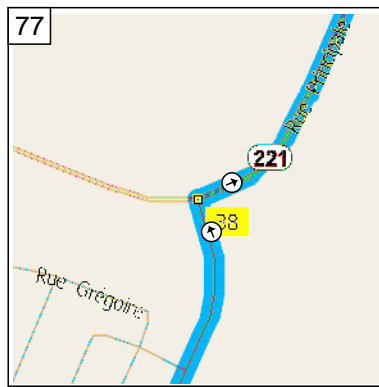
11:57 155.0 km
At 1 Chemin Pié, St-Rémi QC, turn RIGHT (South-East) onto Chemin Pié for 1.6 km



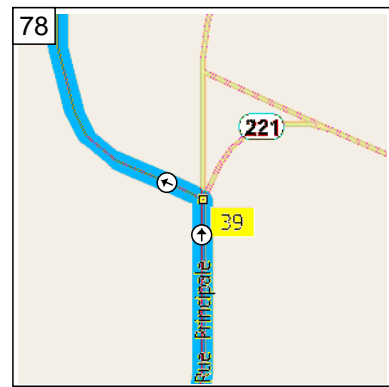
11:59 156.6 km
At 2599 Rang Nord, St-Michel QC, road name changes to Rang Nord for 5.7 km



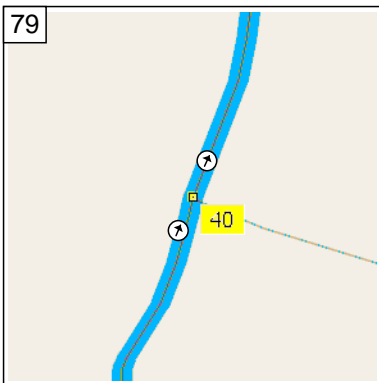
12:03 162.3 km
At 2127 Rue Principale, St-Michel QC, turn LEFT (North) onto Rue Principale for 3.7 km



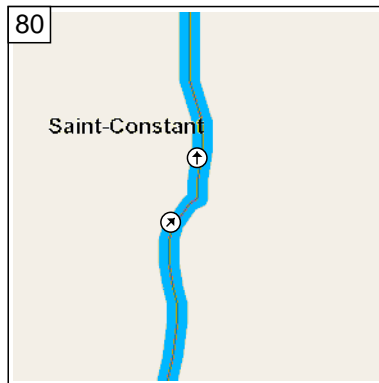
12:06 166.1 km
At 1553 Rte-221, St-Michel QC, turn RIGHT (East) onto Rte-221 [Rue Principale] for 1.8 km



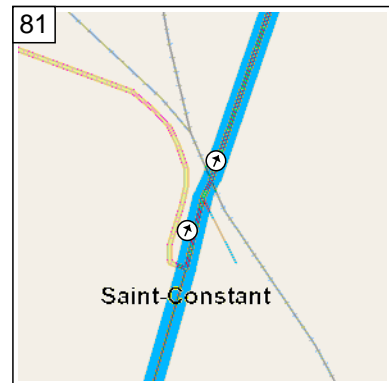
12:08 167.8 km
At 1497 Chemin de la Petite-Côte, St-Michel QC, turn LEFT (West) onto Chemin de la Petite-Côte for 7.7 km



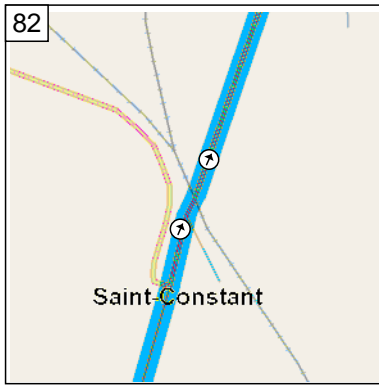
12:14 175.6 km
At 498 Montée de la Petite-Côte, St-Mathieu QC, stay on Chemin de la Petite-Côte (North) for 1.8 km



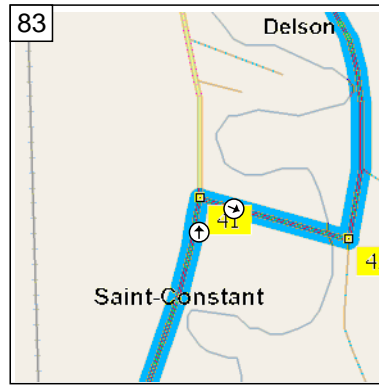
12:15 177.3 km
Road name changes to Chemin Petite-Côte for 2.6 km



12:18 179.9 km
Road name changes to Rue St-Ignace for 40 m



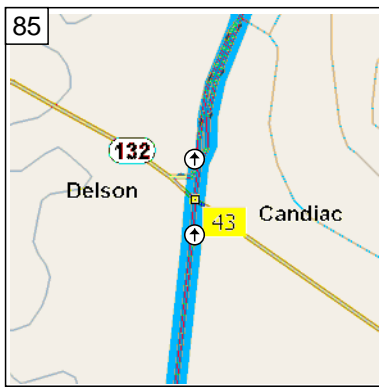
82
12:19 180.0 km
Road name changes to Rang St-Ignace [Rue St-Ignace] for 0.6 km



83
12:20 180.6 km
At 4 Rue Montée Griffin, Saint-Constant QC, turn RIGHT (East) onto Rue Montée Griffin for 0.3 km



84
12:20 180.9 km
At 390 Chemin St-François-Xavier, Delson QC, turn LEFT (North) onto Chemin St-François-Xavier for 2.4 km



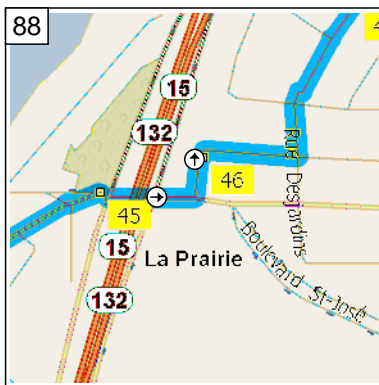
85
12:24 183.2 km
At Chemin St-François-Xavier, Candiac QC, stay on Chemin St-François-Xavier (North) for 2.1 km



86
12:27 185.3 km
At 5 Chemin St-François-Xavier, Candiac QC, keep STRAIGHT onto Boulevard Marie-Victorin for 2.0 km



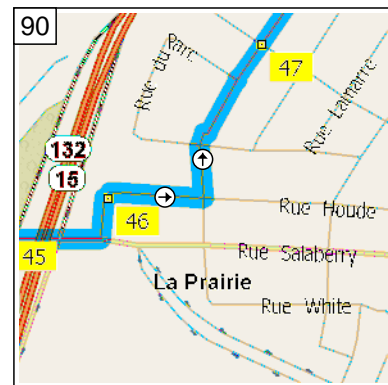
87
12:31 187.3 km
At Rue Salaberry, La Prairie QC, bear RIGHT (East) onto Rue Salaberry for 0.2 km



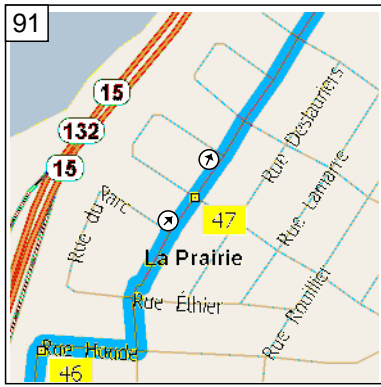
88
12:31 187.4 km
Turn LEFT (North) onto Rue Houde for 60 m



89
12:31 187.5 km
At 132 Rue Houde, La Prairie QC, stay on Rue Houde (North-East) for 0.2 km



90
12:32 187.7 km
Turn LEFT (North) onto Rue Desjardins for 0.3 km



12:33 188.0 km
At near La Prairie, stay on Rue Desjardins (North) for 0.3 km



12:33 188.3 km
Road name changes to Rue St-Laurent for 0.4 km



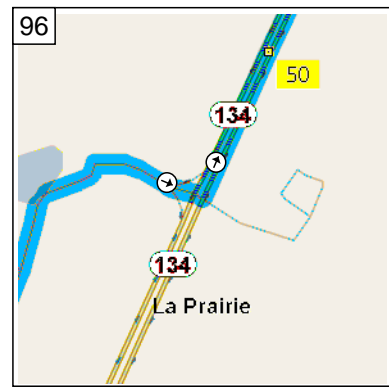
12:34 188.6 km
At 433 Rue St-Laurent, La Prairie QC, stay on Rue St-Laurent (North-East) for 0.8 km



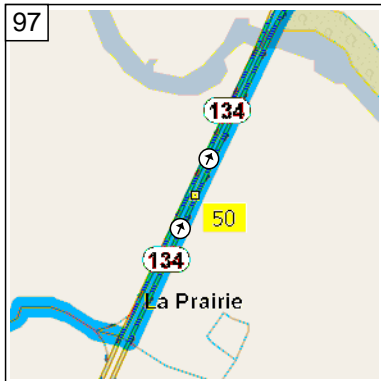
12:35 189.4 km
Turn RIGHT (East) onto Place du Beau-Fort, then immediately turn LEFT (North) onto Avenue Balmoral for 0.3 km



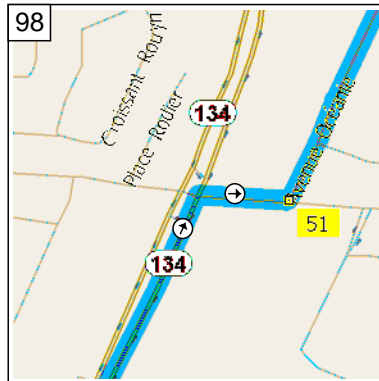
12:37 189.7 km
At 171 Avenue Balmoral, La Prairie QC, stay on Avenue Balmoral (East) for 0.9 km



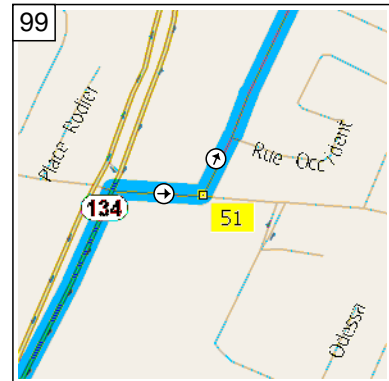
12:38 190.6 km
Turn LEFT (North) onto Rte-134 [Boulevard Taschereau] for 0.3 km



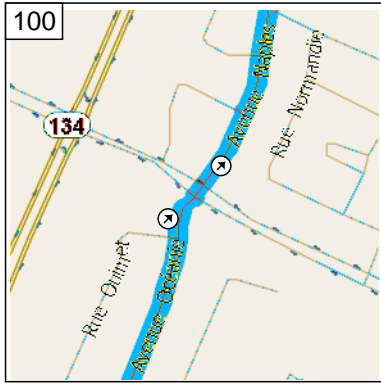
12:39 190.8 km
At 16 Blvd Taschereau, La Prairie QC, stay on Rte-134 [Boulevard Taschereau] (North) for 1.2 km



12:40 192.0 km
Turn RIGHT (East) onto Chemin des Prairies for 0.1 km



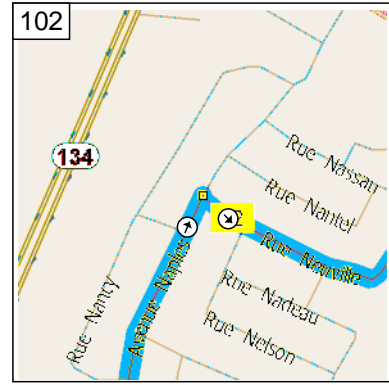
12:41 192.2 km
At 8897 Avenue Océanie, Brossard QC, turn LEFT (North) onto Avenue Océanie for 0.9 km



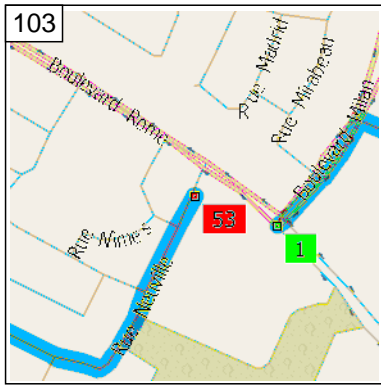
12:43 193.1 km
Road name changes to Local road(s) for 10 m



12:43 193.1 km
Road name changes to Avenue Naples for 0.6 km



12:45 193.7 km
At 2403 Rue Nouvelle, Brossard QC, turn RIGHT (South-East) onto Rue Nouvelle for 0.6 km



12:46 194.3 km
Arrive 2953 Rue Nouvelle, Brossard QC