

# 200 km version 2006

196.9 kilometers; 4 hours, 38 minutes



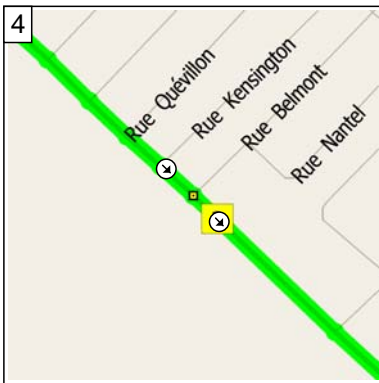
7:30 AM 0.0 km  
Depart Incevables on Local road(s) (North) for 50 m



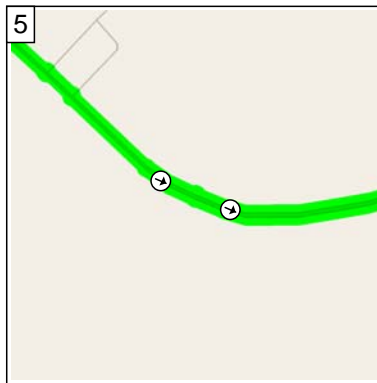
7:30 AM 0.1 km  
Turn RIGHT (East) onto Boulevard Rome, then immediately turn LEFT (East) onto Boulevard Milan for 3.2 km



7:37 AM 3.3 km  
At near La Prairie, turn RIGHT (South-East) onto Boulevard Grande-Allée for 2.0 km



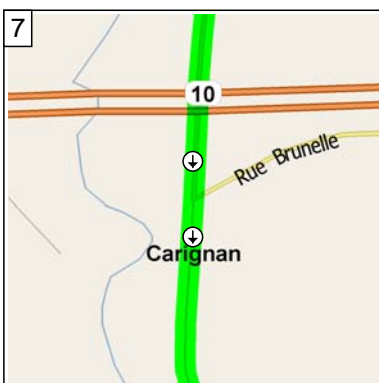
7:40 AM 5.2 km  
At near La Prairie, stay on Boulevard Grande-Allée (South-East) for 4.1 km



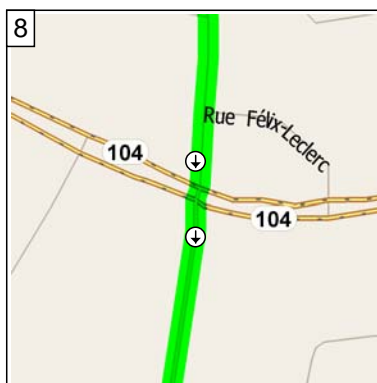
7:46 AM 9.3 km  
Road name changes to Chemin Grande-Allée for 2.6 km



7:50 AM 11.9 km  
At 6024 Chemin Salaberry, Carignan QC, turn RIGHT (South) onto Chemin Salaberry for 2.1 km



7:54 AM 14.0 km  
Road name changes to Avenue des Pins for 3.6 km



7:58 AM 17.6 km  
Road name changes to Chemin du Grand-Pré for 3.5 km



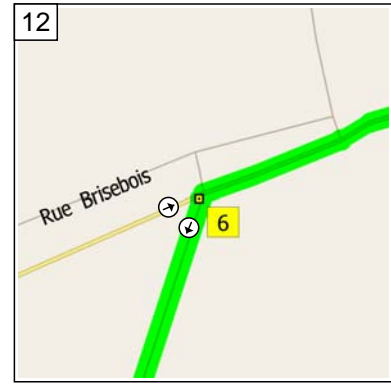
8:02 AM 21.2 km  
At near L'acadie, stay on Chemin du Grand-Pré (South-East) for 3.6 km



10  
8:05 AM 24.8 km  
Turn RIGHT (West) onto  
Chemin du Clocher for 0.8 km



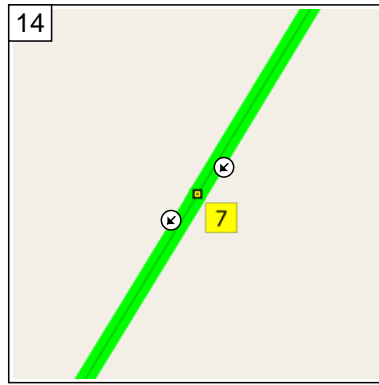
11  
8:07 AM 25.6 km  
At near L'acadie, return East on  
Chemin du Clocher for 10 m



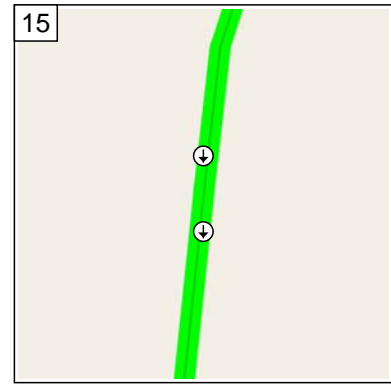
12  
8:07 AM 25.6 km  
Turn RIGHT (South) onto  
Chemin des Patriotes for 7.1 km



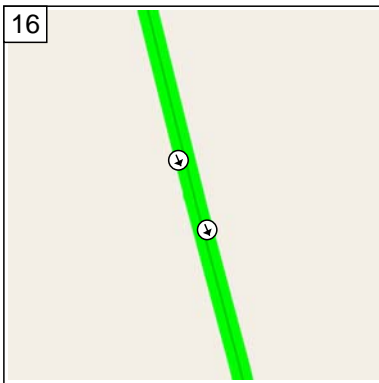
13  
8:14 AM 32.6 km  
Road name changes to Rang  
des Patriotes No for 1.4 km



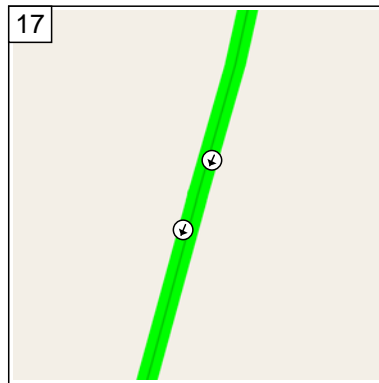
14  
8:15 AM 34.0 km  
At near Napierville, stay on  
Rang des Patriotes No  
(South-West) for 1.6 km



15  
8:17 AM 35.6 km  
Road name changes to Rang  
des Patriotes N for 1.6 km



16  
8:19 AM 37.2 km  
Road name changes to Rang  
des Patriotes No for 2.0 km



17  
8:21 AM 39.2 km  
Road name changes to Rang  
des Patriotes N for 0.4 km



18  
8:22 AM 39.6 km  
Road name changes to Rang  
des Patriotes No for 0.4 km



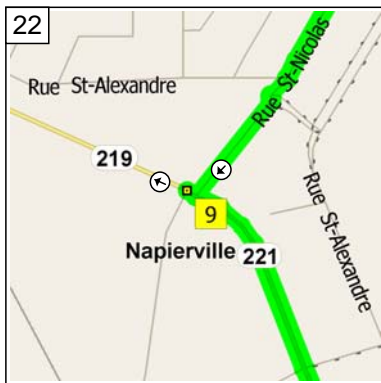
8:22 AM 40.0 km  
At near Napierville, road name changes to Rang des Patriotes N for 0.2 km



8:23 AM 40.2 km  
Road name changes to Rang des Patriotes No for 50 m



8:23 AM 40.2 km  
Road name changes to Rue St-Nicolas for 0.6 km



8:25 AM 40.9 km  
Turn RIGHT (West) onto RTE-219 [RTE-221] for 20 m



8:25 AM 40.9 km  
At near Napierville, return East on RTE-219 [RTE-221] for 0.7 km



8:27 AM 41.6 km  
Turn RIGHT (South-West) onto Rang Double [Rue de l' Église] for 2.1 km



8:30 AM 43.7 km  
Keep STRAIGHT onto Rang Double for 5.4 km



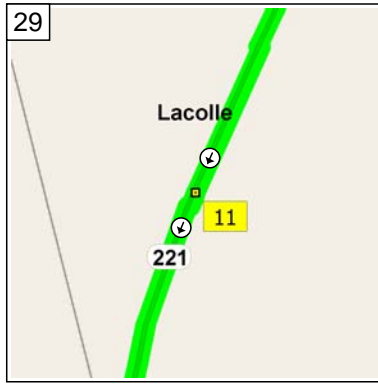
8:34 AM 49.1 km  
At near Lacolle, turn LEFT (East) onto Ligne Grande du Rang-Double for 1.8 km



8:36 AM 50.9 km  
Road name changes to Rang du Grande-Ligne-Double for 1.1 km



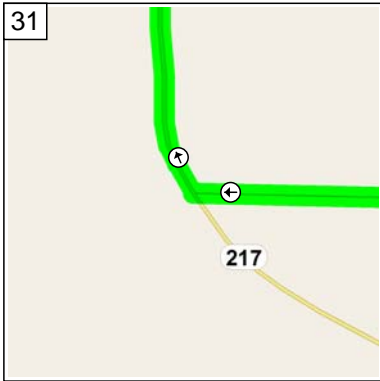
28  
8:37 AM 51.9 km  
Turn RIGHT (South) onto  
RTE-221 [RTE-221 S] for 1.2  
km



29  
8:39 AM 53.1 km  
At near Lacolle, stay on  
RTE-221 [RTE-221 S] (South)  
for 2.2 km



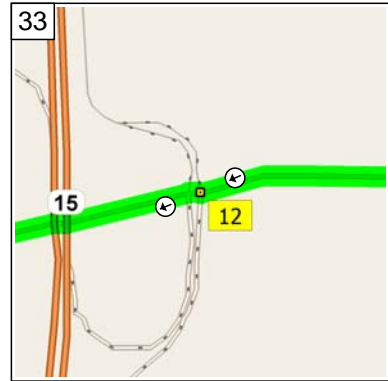
30  
8:41 AM 55.3 km  
Turn RIGHT (West) onto  
Chemin de la Grande-Ligne for  
5.8 km



31  
8:46 AM 61.1 km  
Turn RIGHT (North) onto  
RTE-217 [Rang St-André No]  
for 1.6 km



32  
8:48 AM 62.7 km  
Turn LEFT (West) onto Montée  
Henrysburg for 1.4 km



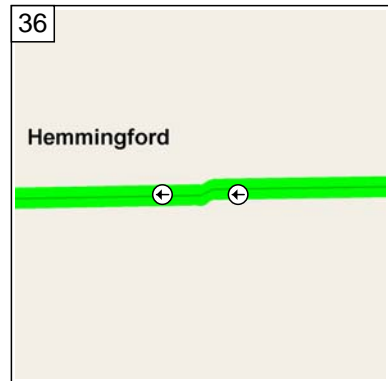
33  
8:50 AM 64.0 km  
At near Lacolle, keep  
STRAIGHT to stay on Montée  
Henrysburg for 2.9 km



34  
8:53 AM 66.9 km  
Turn LEFT (South) onto Rang  
Bogton for 3.0 km



35  
8:56 AM 69.9 km  
Turn RIGHT (West) onto  
Montée Kenny for 0.7 km



36  
8:57 AM 70.6 km  
Road name changes to Chemin  
Williams for 5.3 km



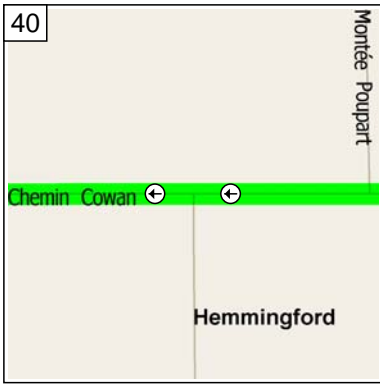
9:02 AM 75.9 km  
Turn LEFT (South) onto  
RTE-219 for 0.5 km



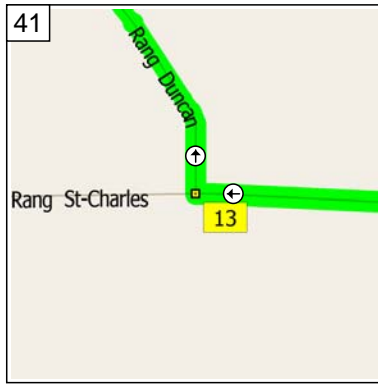
9:03 AM 76.4 km  
Turn RIGHT (West) onto  
Chemin Lavallée for 3.9 km



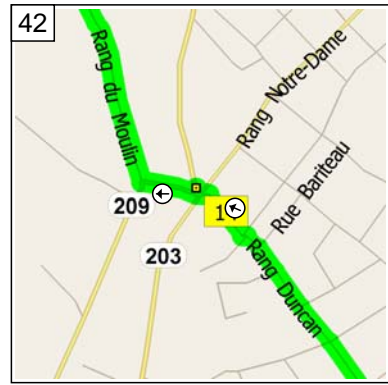
9:07 AM 80.2 km  
Turn LEFT (West) onto Chemin  
Hurley for 5.0 km



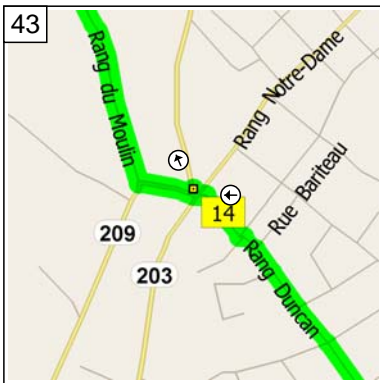
9:12 AM 85.2 km  
Road name changes to Chemin  
Cowan for 4.3 km



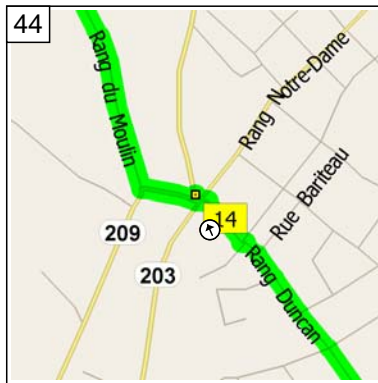
9:16 AM 89.5 km  
At near Saint-Chrysostome, turn  
RIGHT (North) onto Rang  
Duncan for 3.9 km



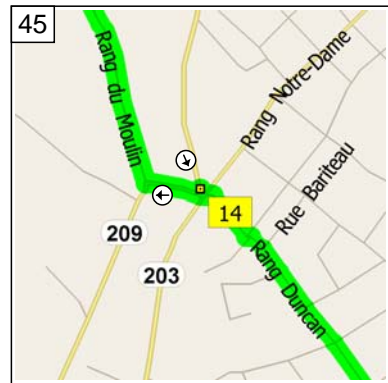
9:20 AM 93.4 km  
Bear LEFT (West) onto  
RTE-203 [RTE-209] for 10 m



9:20 AM 93.4 km  
Turn RIGHT (North) onto  
RTE-203 [Rang Ste-Anne] for  
10 m



9:20 AM 93.4 km  
At near Saint-Chrysostome,  
return South on RTE-203 [Rang  
Ste-Anne] for 10 m



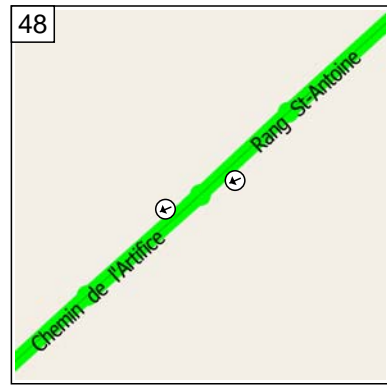
9:20 AM 93.4 km  
Turn RIGHT (West) onto  
RTE-209 [Rang Duncan], then  
immediately turn RIGHT (North)  
onto Rang du Moulin for 3.0 km



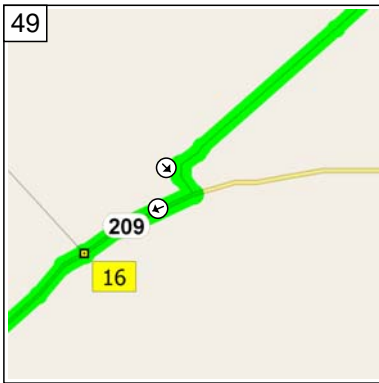
9:24 AM 96.4 km  
At near Aubrey, turn LEFT (South-West) onto Montée Brossard for 1.4 km



9:26 AM 97.8 km  
Turn RIGHT (North-West) onto Rang St-Antoine for 4.7 km



9:30 AM 102.6 km  
Road name changes to Chemin de l'Artifice for 2.2 km



9:33 AM 104.8 km  
Turn RIGHT (West) onto RTE-209 for 0.2 km



9:33 AM 105.0 km  
At near Aubrey, stay on RTE-209 (South-West) for 3.5 km



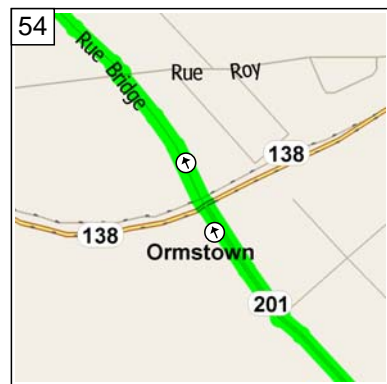
9:36 AM 108.5 km  
Turn RIGHT (North-West) onto RTE-201 for 1.5 km



9:40 AM 110.0 km  
At near Ormstown, stay on RTE-201 (East) for 7.2 km



9:46 AM 117.1 km  
At near Ormstown, stay on RTE-201 (North-West) for 2.6 km



9:49 AM 119.8 km  
Road name changes to Rue Bridge for 0.7 km



9:51 AM 120.5 km  
Turn RIGHT (East) onto Rue Lambton for 0.2 km



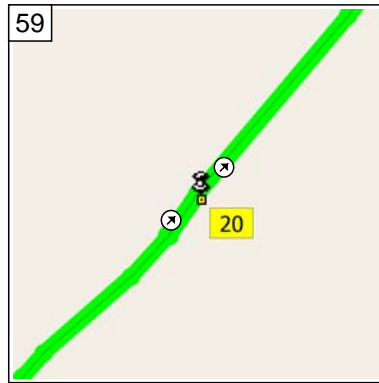
9:51 AM 120.7 km  
Arrive near Ormstown



10:21 AM 120.7 km  
Depart near Ormstown on Rue Lambton (East) for 0.5 km



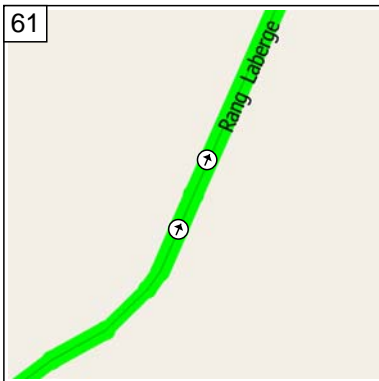
10:22 AM 121.2 km  
Road name changes to Chemin de la Rivière-Châteauguy for 5.7 km



10:28 AM 126.9 km  
At Site de la Bataille de Chateauguy, stay on Chemin de la Rivière-Châteauguy (North-East) for 7.5 km



10:34 AM 134.4 km  
At near North Georgetown, stay on Chemin de la Rivière-Châteauguy (East) for 2.1 km



10:36 AM 136.5 km  
Road name changes to Rang Laberge for 1.1 km



10:38 AM 137.6 km  
Road name changes to Chemin du Grand-Marais for 0.3 km



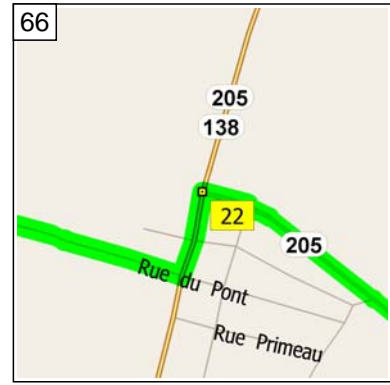
10:38 AM 137.8 km  
Turn RIGHT (South-East) onto Rang Touchette for 5.8 km



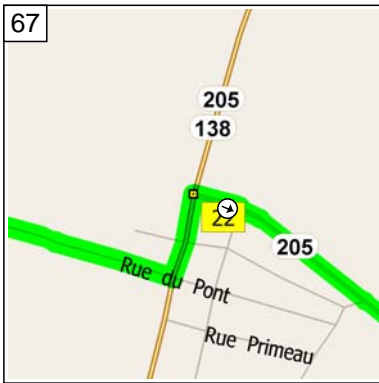
10:44 AM 143.6 km  
Turn RIGHT (East) onto Rue du Pont for 0.4 km



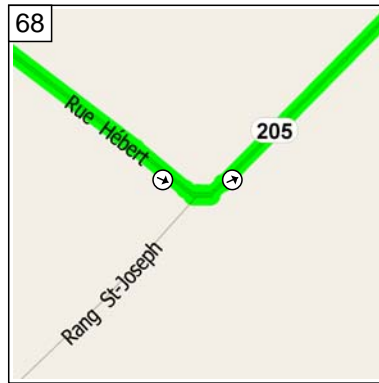
10:45 AM 144.0 km  
Turn LEFT (North) onto RTE-138 [Rue St-Joseph] for 0.1 km



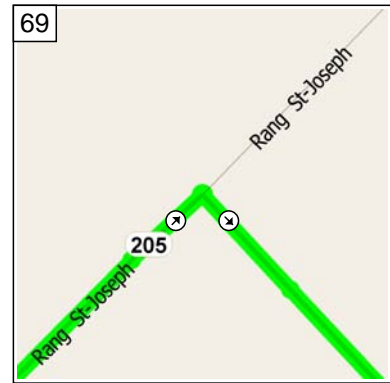
10:46 AM 144.2 km  
Arrive near Sainte-Martine



10:56 AM 144.2 km  
Depart near Sainte-Martine on RTE-205 [Rue Hébert] (East) for 1.1 km



10:57 AM 145.2 km  
Bear LEFT (East) onto RTE-205 [Rang St-Joseph] for 0.8 km



10:58 AM 146.0 km  
Turn RIGHT (South-East) onto RTE-205 for 4.8 km



11:02 AM 150.8 km  
Keep STRAIGHT onto RTE-205 [Rue Principale] for 0.2 km

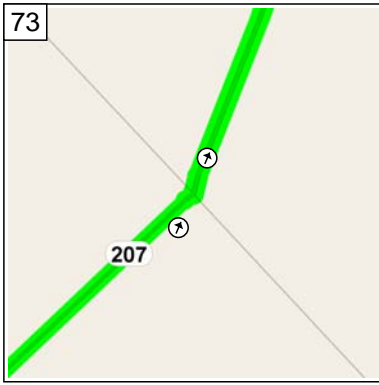


11:03 AM 151.0 km  
At Boursier, JL Hotel [226 Rue Principale, St-Urbain-Premier, QC, (450) 427-2109], stay on RTE-205 [Rue Principale] (South-East) for 20 m



11:03 AM 151.1 km  
Turn LEFT (North-East) onto RTE-207 [Montée Grande-Ligne] for 3.0 km

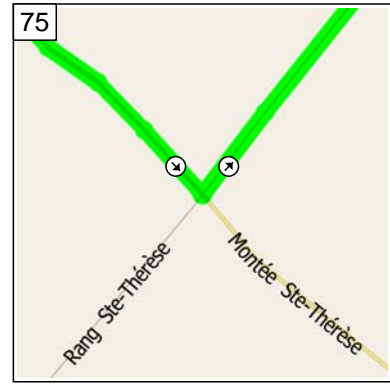




11:06 AM 154.0 km  
Keep STRAIGHT onto RTE-207 [Rang St-Régis S] for 5.9 km



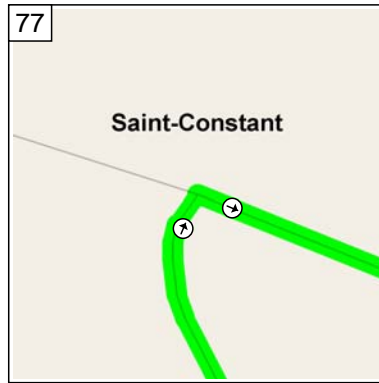
11:11 AM 159.9 km  
Turn RIGHT (East) onto Montée Ste-Thérèse for 3.5 km



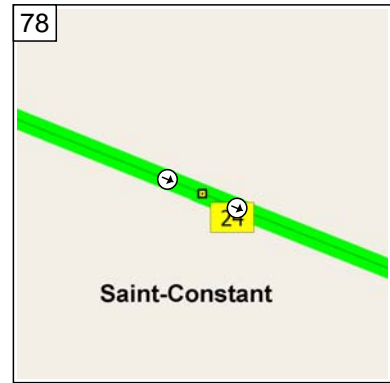
11:15 AM 163.4 km  
Turn LEFT (North-East) onto Rang Ste-Thérèse for 4.9 km



11:20 AM 168.3 km  
Road name changes to Rang St-Christophe for 2.4 km



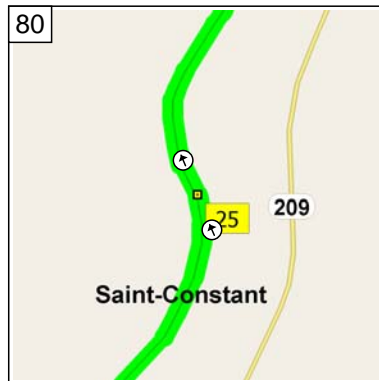
11:23 AM 170.7 km  
Turn RIGHT (East) onto Montée St-Christophe for 0.7 km



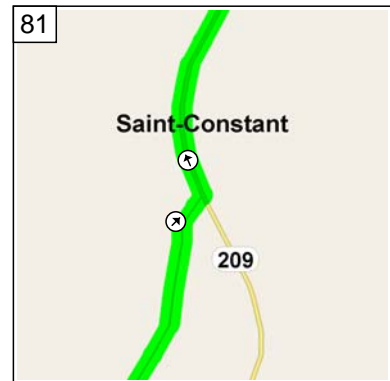
11:25 AM 171.4 km  
At near Saint-Constant, stay on Montée St-Christophe (East) for 1.0 km



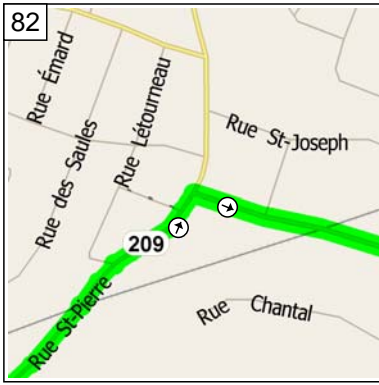
11:26 AM 172.4 km  
Turn LEFT (North) onto Rang St-Pierre No for 1.5 km



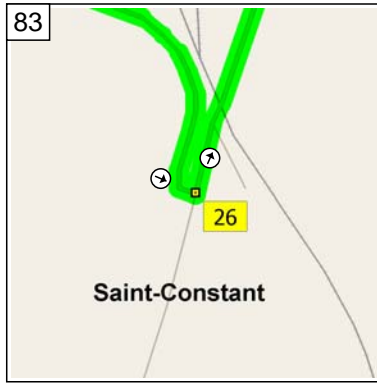
11:29 AM 173.9 km  
At near Saint-Constant, stay on Rang St-Pierre No (North) for 1.3 km



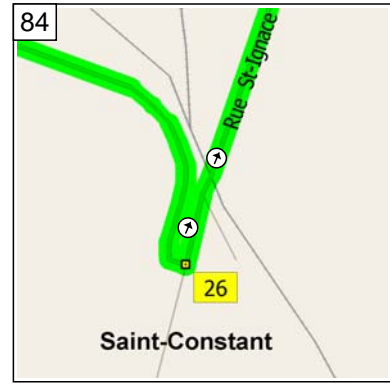
11:30 AM 175.3 km  
Turn LEFT (North) onto RTE-209 [Rue St-Pierre] for 2.5 km



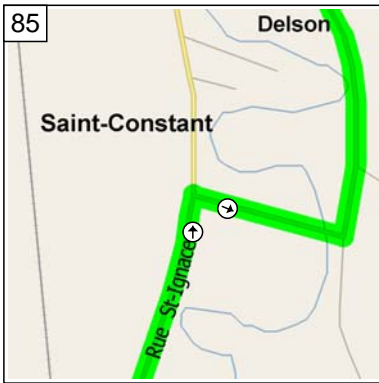
11:33 AM 177.7 km  
Turn RIGHT (East) onto Montée de la Saline for 2.4 km



11:36 AM 180.1 km  
At near Saint-Constant, turn LEFT (North) onto Chemin Petite-Côte for 0.1 km



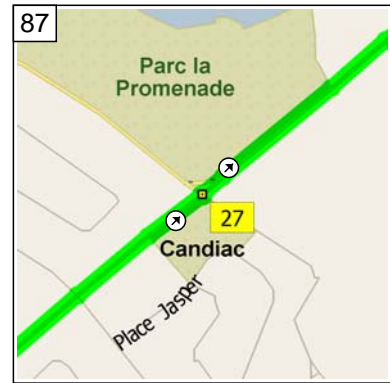
11:37 AM 180.3 km  
Road name changes to Rue St-Ignace for 0.7 km



11:38 AM 180.9 km  
Turn RIGHT (East) onto Rue Montée Griffin for 0.3 km



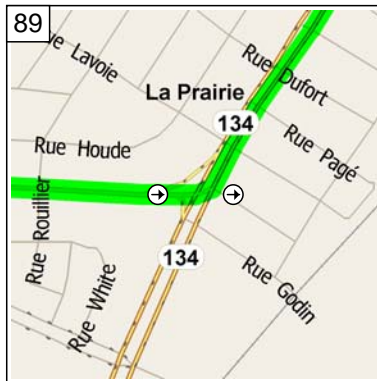
11:39 AM 181.2 km  
Turn LEFT (North) onto Chemin St-François-Xavier for 4.4 km



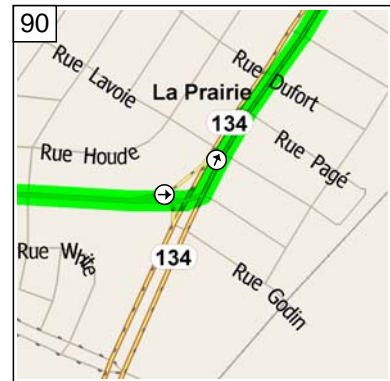
11:47 AM 185.6 km  
At near Candiac, keep STRAIGHT onto Boulevard Marie-Victorin for 2.0 km



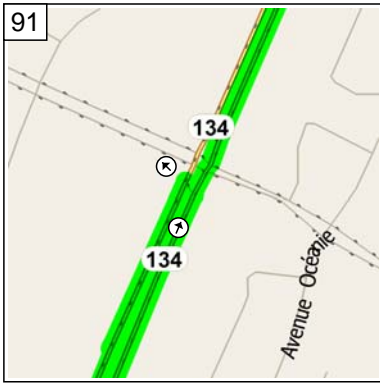
11:51 AM 187.6 km  
Bear RIGHT (East) onto Rue Salaberry for 0.8 km



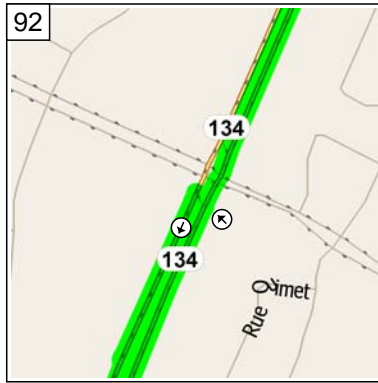
11:53 AM 188.4 km  
Road name changes to Local road(s) for 20 m



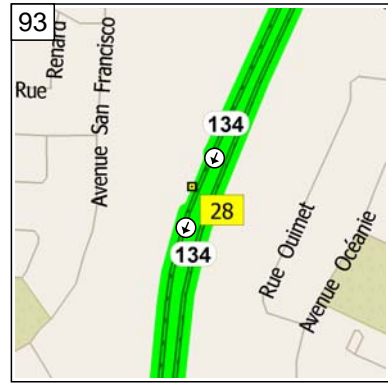
11:54 AM 188.4 km  
Turn LEFT (North) onto RTE-134 [Boulevard Taschereau] for 4.8 km



12:01 PM 193.2 km  
Turn LEFT (North-West) onto Local road(s) for 30 m



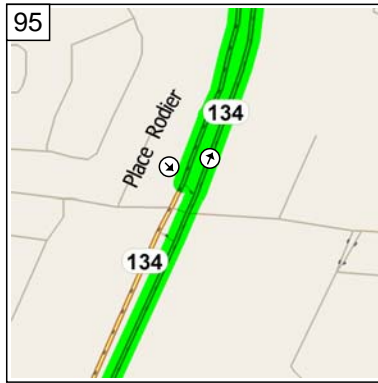
12:01 PM 193.2 km  
Turn LEFT (South) onto RTE-134 [Boulevard Taschereau] for 0.4 km



12:02 PM 193.6 km  
At Motel l'Oiseau Bleu [8550 Boulevard Taschereau, Brossard, QC, (450) 466-1565], stay on RTE-134 [Boulevard Taschereau] (South) for 0.6 km



12:03 PM 194.2 km  
Turn LEFT (South-East) onto Local road(s) for 30 m



12:03 PM 194.2 km  
Turn LEFT (North) onto RTE-134 [Boulevard Taschereau] for 2.0 km



12:06 PM 196.2 km  
Turn RIGHT (East) onto Boulevard Rome for 0.6 km



12:08 PM 196.8 km  
Turn RIGHT (South) onto Local road(s) for 50 m



12:08 PM 196.9 km  
Arrive Increvables